

कार्यालयः रक्षा लेखा प्रधान नियंत्रक PRINCIPAL CONTROLLER OF DEFENCE ACCOUNTS सं. 107, लोअर अग्रम रोड , अग्रम पोस्ट , बेंगलूर - 560 007 NO. 107, LOWER AGRAM ROAD, BANGALORE – 560 007



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NO: AN/II/YOGA

DATE: 18/06/2021

CIRCULAR

All the officers in Main office
All the Sections in Main office
All Sub offices under PCDA Bangalore

SUB: Celebration of International Day of Yoga on 21st June 2021.

International Yoga Day will be celebrated on 21/06/2021. In light of current pandemic situation in the country, it has been decided by the Govt that International Day of Yoga (IDY) 2021 will be virtual / televised mode. This year IDY is being observed with a thematic message of #BeWithYogaBeAtHome..

It has also been informed that an organised digital yoga campaign is being coordinated on Facebook / Instagram and Twitter in the form of 10 day digital countdown program w.e.f 11/06/2021(AN) with an objective to take the positive message of Yoga and IDY to all fellow countrymen in this period of distress.

All the officers and staff are requested to participate in International Day of Yoga (IDY) 2021 celebrations in a non congregative way by being a part of digital Yoga campaign and to follow the below mentioned hastags on instagram:

#BeWithYogaBeAtHome #IDY2021 #YogaForAll #YogaForHealth.

This issues with the approval of PCDA

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(C V Sudhakara Reddy) Accounts Officer (AN)

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for uploading in PCDA Bangalore Website

(V N Hariharan)

Assistant Accounts Officer (AN)