



कार्यालय: रक्षा लेखा प्रधान नियंत्रक

PRINCIPAL CONTROLLER OF DEFENCE ACCOUNTS

सं. 107, लोअर अग्राम रोड , अग्राम पोस्ट , बेंगलूर - 560 007

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CIRCULAR

NO/AN/II/1022/Circular

DATE 09 -06-2023

To

THE OFFICER I/C
All the officers in Main Office
All the Sections in Main Office
All Sub Offices under PCDA Bangalore.
THE OA CELL (for uploading to PCDA web site)

Subject: Celebration of 9th International Day of Yoga on 21st June 2023 .

9th International Yoga Day will be celebrated on 21st June 2023. In this connection, action plan has already been circulated by Hqrs vide on the same. Therefore, it is instructed to conduct Yoga training session at the Office premises on 21st June 2023.

Further, it is requested to promote 'Har Angan Yog' by all officers/staff of this organization to celebrate International Day of Yoga, 2023.

A compliance report mentioning the activities carried out and photographs taken during the event along with number of participants may be forwarded to this section for onward submission to HQrs office.

V Kavitha
Sr.Accounts Officer (AN)

रक्षा लेखा महानियंत्रक

उलान बटार रोड, पालम, दिल्ली छावनी-110010



Controller General of Defence Accounts

Ulan Batar Road, Palam, Delhi Cantt.- 110010

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F. No. AN/III/3012/Yoga Diwas/2023 Dated: 17.05.2023.

To,

All PCDAs/ PCA (Fys.)/ PIFAs,
CDAs/ IFAs/ RTCs.
(through CGDA website).

Subject: Observance of 9th International Day of Yoga (IDY), 2023 on 21st June, 2023-reg.

Please find enclosed a copy of MoD ID No. B-11011/05/2023/D (Welfare) dated 11.05.2023 on the subject matter for necessary action.

2. Common Yoga Protocol and activities/events may be organized by your office/all subordinate offices under your organisation to celebrate International Day of Yoga, 2023.

3. 'Har Angan Yog' may be promoted by all officers/staff of your organization.

3. A compliance report including photographs/videos in this regard may please be furnished to HQrs. office immediately after completion of events.

(Pankaj Kumar)
Accounts Officer (AN)

Copy to:

1. AN-IV Section, Local

For similar action as stated above.

2. IT&S Wing, (Local)

It is requested to upload the circular on CGDA's website.

(Pankaj Kumar)
Accounts Officer (AN)

TOP PRIORITYMinistry of Defence
D(Welfare)

Subject: - Observance of 9th International Day of Yoga (IDY), 2023 on 21st June, 2023 – regarding.

A meeting was held under the Chairpersonship of Cabinet Secretary on 10th May, 2023 to discuss the modalities of observance of 9th International Day of Yoga, 2023 on 21st June, 2023.

2. Apropos the meeting, following may be organised to celebrate 9th International Day of Yoga, 2023: -

- (a) Ocean Ring of Yoga & Yoga from Artic to Antarctica: Under this theme, International Day of Yoga, 2023 may be celebrated as per action plan conveyed by Navy Wing, DMA vide ID Note No.DMA/JS(N)/2023/03/Ops-19 dated 09.05.2023. In addition, Naval ports in Bangladesh and Madagascar may also be included in the action plan for celebrating International Day of Yoga, 2023. Similarly, activities planned by the Indian Coast Guard vide communication No.AD/0103/Yoga Day dated 03.05.2023 may be implemented.
- (b) Yoga Event may be organized on the flight deck of INS Vikrant/ INS Vikramaditya. Convenience of Hon'ble Raksha Mantri to lead the IDY celebrations thereon may be sought by Navy/DMA.
- (c) Indian Army, Indian Navy, Indian Air Force, Indian Coast Guard and Border Roads Organisation are requested to organize events celebrating International Day of Yoga, 2023 in their formations/ offices situated at the borders/ coasts/ islands thereby making a 'BHARATMALA' of the Yoga event on 21st June, 2023.
- (d) Common Yoga Protocol (CYP) and other activities/ events may be organised by the Services, DDP, DRDO, ESW, MoD(Fin), DMA at their headquarters/ commands/ stations/ field offices/ all subordinate/ attached offices/ autonomous organizations/ DPSUs/ DRDO Labs/Rajya Sainik Kalyan Board/Zila Sainik Kalyan Board, throughout the country.
- (e) All educational institutions/ training establishments/ schools under the control of Indian Army, Indian Navy, Indian Air Force, Indian Coast Guard, HQIDS, Sainik Schools Society, DRDO, DPSUs, CGDA, BRO, CAO, DGAFMS, DGDE and NCC are requested to celebrate International Day of Yoga, 2023 by observing Common Yoga Protocol and other related activities.
- (f) DMA and DESW may also kindly organise celebration of International Day of Yoga, 2023 by the families of ex-servicemen and war widows.

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